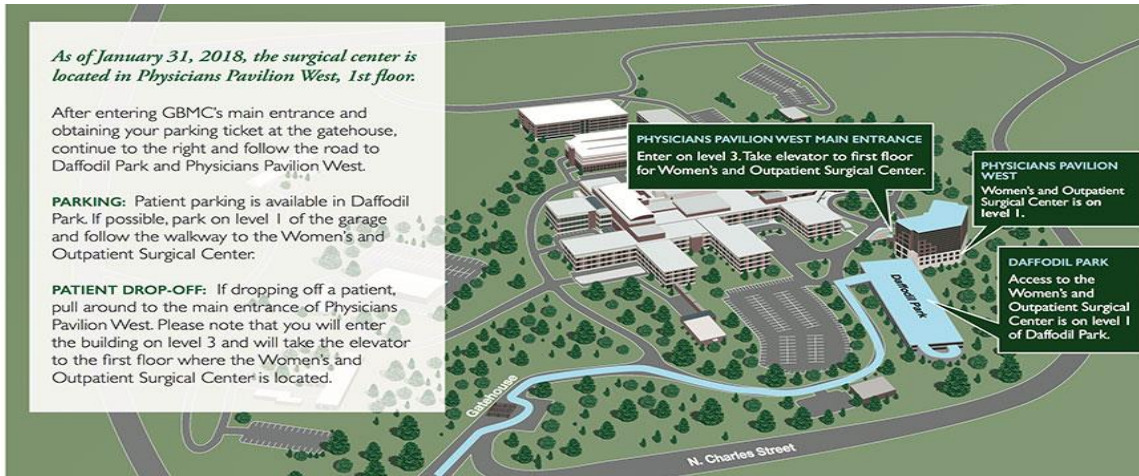


SURGICAL INSTRUCTIONS FOR THE PATIENT

FACILITY: GBMC-6701 N CHARLES ST, TOWSON, MD 21204-WOMEN'S AND OUTPATIENT SURGICAL CENTER (WOSC)



ARRIVAL TIME: WILL CALL PRIOR TO YOUR SURGERY. GENERALLY, ARRIVAL TIME IS ONE HOUR AND 15 MINUTES PRIOR TO SCHEDULED TIME FOR LOCAL AND GENERAL ANESTHESIA CASES. SURGERY TIMES ARE GENERALLY BETWEEN 7:30AM-11:15AM.

PLEASE BE ADVISED YOU MAY NEED TO PREPAY A FACILITY CHARGE TO THE HOSPITAL THE DAY OF SURGERY. ALSO, YOU WILL RECEIVE SEPARATE BILLING FROM DR. HOYT, THE ANESTHESIOLOGIST, AND/OR THE HOSPITAL DEPENDING ON YOUR INSURANCE PLAN.

****DO NOT TAKE ASPIRIN OR ASPIRIN CONTAINING PRODUCTS 2 WEEKS PRIOR TO SURGERY****

___ **LOCAL/OUTPATIENT-** Eat a light meal the morning of surgery; take medications as usual.

___ **GENERAL/OUTPATIENT-** Do not eat or drink anything after midnight, including water, gum, or hard candy. Discontinue use of all herbal medications seven days prior to surgery. Make arrangements to have transportation available when you are discharged. **CHECK WITH YOUR PCP, OR IF YOU ARE FOLLOWED BY A CARDIOLOGIST, ENDOCRINE/DIABETES, ONCOLOGIST, ETC. FOR ADDITIONAL MEDICATIONS THAT SHOULD BE STOPPED OR CHANGED PRIOR TO SURGERY. DR. HOYT WILL DEFER TO THEIR RECOMMENDATIONS.**

___ **23 HOUR STAY-** Do not eat or drink anything after midnight, including water, gum, or hard candy. **CHECK WITH YOUR PCP, OR IF YOU ARE FOLLOWED BY A CARDIOLOGIST, ENDOCRINE/DIABETES, ONCOLOGIST, ETC. FOR ADDITIONAL MEDICATIONS THAT SHOULD BE STOPPED OR CHANGED PRIOR TO SURGERY. DR. HOYT WILL DEFER TO THEIR RECOMMENDATIONS.**

****IF YOU ARE HAVING SINUS SURGERY, PLEASE BRING YOUR XRAY CD TO OUR OFFICE THE WEEK PRIOR TO SURGERY, OR BRING WITH YOU THE DAY OF SURGERY. IF WE DO NOT HAVE IMAGES, THE SURGERY WILL NOT BE ABLE TO BE PERFORMED****

