

SURGICAL INSTRUCTIONS

FOR THE PATIENT

FACILITY: SURGCENTER OF BEL AIR 209 Thomas St, Bel Air, 21014

Phone: 410-638-5523

ARRIVAL TIME: YOU WILL BE CALLED THE DAY BEFORE YOUR SURGERY. GENERALLY, SURGERY TIMES WILL BE BETWEEN 7:30AM-11:30AM, WITH A ONE HOUR PRIOR ARRIVAL TIME FOR GENERAL ANESTHESIA, AND A HALF HOUR PRIOR ARRIVAL TIME FOR LOCAL ANESTHESIA.

PLEASE BE ADVISED YOU MAY NEED TO PREPAY A FACILITY CHARGE TO THE SURGCENTER THE DAY OF SURGERY. ALSO, YOU WILL RECEIVE SEPARATE BILLING FROM DR. HOYT, THE ANESTHESIOLOGIST, AND/OR THE FACILITY/HOSPITAL, DEPENDING ON YOUR SPECIFIC INSURANCE PLAN.

****DO NOT TAKE ASPIRIN OR ASPIRIN CONTAINING PRODUCTS 2 WEEKS PRIOR TO SURGERY****

_____ **LOCAL/OUTPATIENT**-Eat a light meal the morning of surgery; take medications as usual.

_____ **GENERAL/OUTPATIENT**- Do not eat or drink anything after midnight, including water, gum, or hard candy.

_____ **23 HOUR STAY**- Do not eat or drink anything after midnight, including water, gum, or hard candy.

_____ **CHECK WITH YOUR PCP, OR IF YOU ARE FOLLOWED BY A CARDIOLOGIST, ENDOCRINE/DIABETES, ONCOLOGIST, ETC., FOR ADDITIONAL MEDICATIONS THAT SHOULD BE STOPPED PRIOR TO SURGERY. DR. HOYT WILL DEFER TO THEIR RECOMMENDATIONS.**

****IF YOU ARE HAVING FESS OR BALLOON SINUPLASTY, PLEASE BRING YOUR CD OF FILMS TO OUR OFFICE THE WEEK PRIOR TO SURGERY, OR WITH YOU THE DAY OF SURGERY. IF WE DO NOT HAVE FILMS, THE SURGERY WILL NOT BE ABLE TO BE PERFORMED****