

## SURGICAL INSTRUCTIONS

### UPPER CHESAPEAKE MEDICAL CENTER

FACILITY: KLEIN AMBULATORY CARE CENTER-520 UPPER CHESAPEAKE DR, BEL AIR 21014

ARRIVAL TIME: *YOU WILL BE CALLED A DAY OR TWO PRIOR TO YOUR SURGERY.* ARRIVAL TIME IS USUALLY 2 HOURS PRIOR TO THE SCHEDULED SURGERY TIME FOR ADULTS, 90 MINUTES PRIOR FOR CHILDREN. GENERALLY, CASES ARE SCHEDULED BETWEEN 7:30AM-11:30AM.

PLEASE BE ADVISED YOU MAY NEED TO PREPAY A FACILITY CHARGE TO THE HOSPITAL THE DAY OF SURGERY. ALSO, YOU WILL RECEIVE SEPARATE BILLING FROM DR. HOYT, THE ANESTHESIOLOGIST, AND/OR THE HOSPITAL DEPENDING ON YOUR INSURANCE PLAN.

**\*\*DO NOT TAKE ASPIRIN OR ASPIRIN CONTAINING PRODUCTS 2 WEEKS PRIOR TO SURGERY\*\***

\_\_\_\_ **LOCAL/OUTPATIENT**-Eat a light meal the morning of surgery; take medications as usual.

\_\_\_\_ **GENERAL/OUTPATIENT**- Do not eat or drink anything after midnight, including water, gum, or hard candy. Make arrangements to have transportation available when you are discharged. **CHECK WITH YOUR PCP, OR IF YOU ARE FOLLOWED BY A CARDIOLOGIST, ENDOCRINE/DIABETES, ONCOLOGIST, ETC. FOR ADDITIONAL MEDICATIONS THAT SHOULD BE STOPPED OR CHANGED PRIOR TO SURGERY. DR. HOYT WILL DEFER TO THEIR RECOMMENDATIONS.**

\_\_\_\_ **23 HOUR STAY**- Do not eat or drink anything after midnight, including water, gum, or hard candy. **CHECK WITH YOUR PCP, OR IF YOU ARE FOLLOWED BY A CARDIOLOGIST, ENDOCRINE/DIABETES, ONCOLOGIST, ETC. FOR ADDITIONAL MEDICATIONS THAT SHOULD BE STOPPED OR CHANGED PRIOR TO SURGERY. DR. HOYT WILL DEFER TO THEIR RECOMMENDATIONS.**

Additional Instructions: \_\_\_\_\_

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**\*\*IF YOU ARE HAVING FESS OR BALLOON SINUPLASTY, PLEASE BRING YOUR XRAY CD TO OUR OFFICE THE WEEK PRIOR TO SURGERY, OR WITH YOU THE DAY OF SURGERY. IF WE DO NOT HAVE IMAGES, SURGERY WILL NOT BE ABLE TO BE PERFORMED.\*\***

