

## **PCP: GIVE TO PATIENT AT PREOP APPOINTMENT**

### **SURGICAL INSTRUCTIONS**

**FACILITY:** SURGCENTER OF NORTHERN BALTIMORE 215 Schilling Cir Ste 111 Hunt Valley

Phone: 410-657-8008 ph

**ARRIVAL TIME:** YOU WILL BE CALLED THE DAY BEFORE YOUR SURGERY. GENERALLY, SURGERY TIMES WILL BE BETWEEN 7:00AM-11:30AM, WITH A ONE HOUR PRIOR ARRIVAL TIME FOR GENERAL ANESTHESIA, AND A HALF HOUR PRIOR ARRIVAL TIME FOR LOCAL ANESTHESIA. THEY ARE SCHEDULED ACCORDING TO AGE, YOUNGEST TO OLDEST.

PLEASE BE ADVISED YOU MAY NEED TO PREPAY A FACILITY CHARGE TO THE SURGCENTER THE DAY OF SURGERY. ALSO, YOU WILL RECEIVE SEPARATE BILLING FROM DR. HOYT, THE ANESTHESIOLOGIST, AND/OR THE FACILITY/HOSPITAL, DEPENDING ON YOUR SPECIFIC INSURANCE PLAN.

**\*\*DO NOT TAKE ASPIRIN, ASPIRIN CONTAINING PRODUCTS, OR BLOOD THINNERS 2 WEEKS PRIOR TO SURGERY\*\***

**\*\*IF YOU ARE HAVING FESS OR BALLOON SINUPLASTY, PLEASE BRING YOUR CD OF FILMS TO OUR OFFICE THE WEEK PRIOR TO SURGERY, OR WITH YOU THE DAY OF SURGERY. IF WE DO NOT HAVE THE CD, THE SURGERY WILL NOT BE ABLE TO BE PERFORMED\*\***

\_\_\_\_ **LOCAL/OUTPATIENT-** Eat a light meal the morning of surgery; take medications as usual. **CHECK WITH YOUR PCP, AND/OR YOU ARE FOLLOWED BY A CARDIOLOGIST, ENDOCRINE/DIABETES, ONCOLOGIST, ETC., FOR ADDITIONAL MEDICATIONS THAT SHOULD BE STOPPED PRIOR TO SURGERY. DR. HOYT WILL DEFER TO THEIR RECOMMENDATIONS.**

\_\_\_\_ **GENERAL/OUTPATIENT-** Do not eat or drink anything after midnight, including water, gum, or hard candy. **CHECK WITH YOUR PCP, AND/OR YOU ARE FOLLOWED BY A CARDIOLOGIST, ENDOCRINE/DIABETES, ONCOLOGIST, ETC., FOR ADDITIONAL MEDICATIONS THAT SHOULD BE STOPPED PRIOR TO SURGERY. DR. HOYT WILL DEFER TO THEIR RECOMMENDATIONS.**

\_\_\_\_ **23 HOUR STAY-** Do not eat or drink anything after midnight, including water, gum, or hard candy. **CHECK WITH YOUR PCP, AND/OR YOU ARE FOLLOWED BY A CARDIOLOGIST, ENDOCRINE/DIABETES, ONCOLOGIST, ETC., FOR ADDITIONAL MEDICATIONS THAT SHOULD BE STOPPED PRIOR TO SURGERY. DR. HOYT WILL DEFER TO THEIR RECOMMENDATIONS.**

