



**DAVID J. HOYT, M.D., L.L.C.**  
Otolaryngology – Head & Neck Surgery

**SURGICAL INSTRUCTIONS**

**FACILITY:** SURGCENTER OF BEL AIR  
209 Thomas Street, Bel Air, MD 21014  
Phone: 410-638-5523 Fax: 410-638-9144

**SURGERY DATE:**

**ARRIVAL TIME:** (UNLESS YOU HEAR DIFFERENTLY FROM THE SURGCENTER)

**BILLING:** PLEASE BE ADVISED YOU MAY NEED TO PREPAY A FACILITY CHARGE TO THE SURGCENTER ON THE DAY OF SURGERY. YOUR SURGERY WILL GENERATE SEPARATELY BILLED CLAIMS FROM DR. HOYT, THE ANESTHESIOLOGIST, THE FACILITY AND PATHOLOGY WHICH IS SUBJECT TO YOUR INSURANCE PLAN COVERAGE.

**\*\* DO NOT TAKE ASPIRIN, ASPIRIN CONTAINING PRODUCTS, OR BLOOD THINNERS  
2 WEEKS PRIOR TO SURGERY \*\***

\_\_\_\_ **LOCAL/OUTPATIENT** - You can eat a light meal the morning of surgery; take medications as usual. Since you are not having anesthesia, you can drive yourself home.

\_\_\_\_ **GENERAL/OUTPATIENT** - Do not eat or drink anything after midnight, including water, gum, or hard candy. Make arrangements to have transportation available when you are discharged.

**CHECK WITH YOUR PCP, CARDIOLOGIST, ENDOCRINOLOGIST, ETC. REGARDING ANY MEDICATIONS THAT SHOULD BE STOPPED OR CHANGED PRIOR TO YOUR SURGERY AS DR. HOYT WILL DEFER TO THEIR RECOMMENDATIONS.**